

# Diversity and Inclusion

## Contact

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In every aspect of our organization, EDSNA commits to:

- Engage in a meaningful way that recognizes encourages, supports, and celebrates the distinct voices of communities and individuals affected by eating disorders.
- Work collaboratively with communities and individuals to identify and reduce barriers, promote equity, improve inclusivity and accessibility.
- Strive to increase diversity and inclusion in age, gender identity and expression, sexual orientation, race, physical and mental ability, religion, ethnicity, and perspective.
- Foster a sense of belonging in order to support individuals feeling comfortable bringing their whole selves to every aspect of our organization

**DIVERSITY:** the presence of difference within a given setting like race or gender, ethnicity, religion, nationality, or sexual orientation.

**EQUITY:** ensure that everybody has access to the same opportunity.

**INCLUSION:** people with different identities feel and are valued.

Eating disorders can affect anyone.

EDSNA recognizes that 'anyone' is not homogenous. EDSNA recognises that 'anyone' is composed of a vast array of unique individuals.

**ANYONE:** any person whatever (Cambridge Dictionary)

**EVERYONE:** Everyone, everybody, everything and everywhere are indefinite pronouns.

We use them to refer to a total number of people, things and places. (Cambridge Dictionary)

