

Eating Disorder Support Network of Alberta



EDSNA is committed to providing a network of effective and meaningful support initiatives for individuals suffering with eating disorders and their families, friends and loved ones.

EDSNA is committed to:

- Inspiring hope
- Reducing stigma
- Raising awareness
- Building connections
- Offering meaningful help at all stages of recovery to those affected by eating disorders.

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What we do:

- Provide support group programming for those with eating disorders
- Provide support group programming for the parents and loved ones of those with eating disorders
- Promote awareness about eating disorders
- Connect, support, share and learn from ED organizations around the world

If you need help

Or

If someone you know needs help

Or

If you would like more information about how you can be part of EDSNA

Contact us!

www.EDSNA.ca



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